

Day 3: Coast March 26, 2022

Shopping List

- 8 oz can whole oysters
- 1 cup milk
- 3 tablespoons hot sauce
- ½ cup flour
- ½ cup cornmeal
- ¼ cup vegetable oil
- Salt
- Pepper
- Cajun or all-purpose seasoning
- 1 small bag of shredded lettuce
- 2 small tomatoes
- 1 small jar pickle chips (optional)
- ½ cup mayonnaise (substitute plain Greek yogurt)
- 1 lemon
- French bread loaf or hoagie roll
- 2 tablespoons spreadable butter

Materials

- Cutting board
- Knife (preferably a chef knife)
- Dry measuring cups
- Liquid measuring cups
- 2 small bowls
- Plastic zip bag or bowl with lid
- Frying pan
- Strainer or slotted spoon
- Spatula
- 2 pair Heat resistant tongs
- Oven baking pan