

How's Your Handwashing?

Module 7

Introduction:

- This activity should accompany Module 7: Personal Hygiene and Employee Health Part 2. This demonstration is designed to help participants visualize where microorganisms harbor on hands, and why proper handwashing is important

Materials needed:

- Glo-germ lotion
- Black light

Preparation:

- Make sure your room can get very dark (turn off projector)
- If the teaching room isn't able to go dark locate a space that can, or cut out the side of a cardboard box (see picture below)

Instructions:

- Explain to everyone that you're going to give them a small amount of lotion that simulates where bacteria harbor on hands.
- Instruct participants to rub the lotion on their hands as if it were normal hand lotion.
- Turn off the lights and take turns showing participants their hands under the black light.
Instruct everyone to wash their hands and then come back to see what spots they missed.