



Harnett County Center
North Carolina Cooperative Extension
126 Alexander Drive, Suite 300
Lillington, NC 27546
(910) 893-7530
(910) 893-7539, Fax
Harnett.ces.ncsu.edu

Harnett County 4-H 2014 Summer Fun



In recognition of the 100-year anniversary of the signing of the **Smith-Lever Act of 1914** which officially created the national Cooperative Extension System, Harnett County 4-H is happy to dedicate and announce workshops and day camps for the 2014 4-H Summer Fun Program. Day camps and workshops are open to all Harnett County youth, 5-18 years of age; however, classes are age specific. You **do not** have to be a 4-H member to participate. Activities are designed to be fun-filled and educational. Some activities will reflect upon our history and convey its significance to others.



Registration will BEGIN May 12, 2014
Classes are Subject to Change



**South River Electric
Membership Corporation**

A Touchstone Energy® Cooperative 

Harnett County 4-H is able to provide these programs at a reduced cost with the help of funding from United Way of Harnett County and South River Electric.

North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T State University, U.S. Department of Agriculture, and local governments cooperating.

2014 4-H Summer Fun

ENROLLMENT

Classes will be filled on a first-come, first-served basis. Your space can only be reserved upon receipt of registration form and class fees. The class fees are charged to cover class supplies and transportation costs. You may register for the class by completing the enclosed registration form. Please list **ALL** classes in which you wish to participate. **Parents/guardians, child care providers or youth groups may register no more than five children per class.** Child care providers/youth groups attending 4-H summer programs **MUST** provide one **ADULT** to assist with supervision for the duration of the activity.

You may return your form to the Harnett County Agriculture Center, Harnett County Cooperative Extension Office at 126 Alexander Drive in Lillington or mail to Harnett County 4-H, 126 Alexander Drive, Suite 300, Lillington, NC 27546. If paying in cash, **PLEASE BRING THE CORRECT AMOUNT.** We do not keep money on hand to make change. In the event you cannot attend a class, please notify the 4-H office as soon as possible. This will give another child the opportunity to attend the class. If you have any questions, please contact the 4-H office at (910) 893-7532. **Registration will not be accepted by e-mail or over the phone.**

POLICIES & PROCEDURES

»All fees are non-refundable unless a class is filled to capacity or cancelled. Necessary refunds will be made in September.

»Medical Release and Photo Release forms must be completed for each participant.

»Punctuality of all participants is expected, particularly in the case of field trips. The van will wait a maximum of 5 minutes past the scheduled departure time.

»Punctuality of parents/adults/guardians picking up youth following programs is MANDATORY. Youth must be picked up at the time the program ends. If 4-H staff members are required to care for your child more than 30 minutes beyond the indicated pick-up time without notification, your child will not be allowed to participate in other 4-H Summer Fun activities.

>>All Harnett County 4-H Summer Fun events or activities are operating under the 4-H Code of Conduct and Disciplinary Procedure. The NC 4-H Code of Conduct and Disciplinary Procedure is a condition of participation in 4-H events/activities and can be found at:

http://www.nc4h.org/publications/forms/4-H_codeofconduct.pdf.

>> For accommodations for persons with disabilities, contact Harnett County 4-H at 910-893-7532, no less than seven business days before the event.

1. **Central Carolina College Tour**

Ages: 13-18 **Workshop Limit:** 14

Date: June 18, 2014

Time: 9:00-3:00pm

Place: Leaving from Harnett County Agriculture Center

Cost: \$5.00

Supplies Needed: Bag Lunch

Life Skill Focus: Goal Setting, Planning/Organizing,
Self Motivation

4-H Target: Education



CCCC offers two-year programs that lead to an Associate of Applied Science Degree, one-year programs that lead to a diploma and the Associate in Arts and Associate in Science Degree program that transfer to a four-year college or university. Participants will meet and depart from the Harnett County Agriculture Center located at 126 Alexander Drive, Lillington NC. Youth will return to the Agriculture Center and develop a career, personal and college ready plans.

2. **REAP WHAT YOU SEW!**

Ages: 9-12 **Workshop Limit:** 6

Date: June 17th and 18th, 2014

Time: 9:00-1:00pm

Place: Harnett County Agriculture Center

Cost: \$15.00

Supplies Needed: Bag Lunch

Life Skill Focus: Problem Solving, Organizing, Critical Thinking, Creativity

4-H Target: Economy



Sewing provides the opportunity for young people to experience a sense of accomplishment associated with completing a project. It also provides an opportunity for youth to understand textiles, construction techniques, design principles as well as develop eye/hand coordination. These beginners sewing workshop is a two-day Workshop designed for youth with no sewing experience. Participants will learn to use basic sewing tools. They will also learn sewing machine parts and how to operate a sewing machine. All materials will be provided to complete a simple sewing project.

3. **It's All Wood**

Ages: 5-8 **Workshop Limit:** 20

Date: June 26, 2014

Time: 9:00-1:00

Place: Harnett County Agriculture Center

Cost: \$5.00

Supplies Needed: Bag Lunch

Life Skill Focus: Nurturing Relationships, Responsibility, Creativity

4-H Target: Learning to Learn



Wood is a valuable forest resource with many uses. Participants in this woodworking workshop will discover where wood comes from and complete a pre-cut wood project. They will also learn safety practices when working with wood and tools. They will paint finished project if time allows.

4. **Fowl Play!**

Ages: 9-18 **Workshop Limit:** 14

Date: June 27, 2014

Time: 9:00-5:00pm

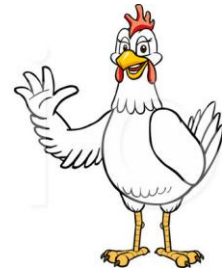
Place: Harnett County Agriculture Center

Cost: \$5.00

Supplies Needed: Bag Lunch

Life Skill Focus: Decision Making, Marketable Skills, Critical thinking

4-H Target: Education/Economy



This poultry science workshop is for youth wanting to learn about chickens. Participants will have fun learning to identify different varieties of chickens. They will also learn poultry judging and to exhibit chickens. This workshop may include a short chicken farm tour. More details will be made available to participants one week prior. Snacks will be provided!

5. **Adventures in Babysitting**

Ages: 9-18 **Workshop Limit:** 20

Date: June 30-July 3

Time: 10:00am-4:00pm

Place: Harnett County Agriculture Center

Cost: \$15.00

Supplies Needed: Bag Lunch

Life Skill Focus: Leadership, Responsibility, Marketable Skills

4-H Target: Education, Economy



Adventures in Babysitting.....Youth interested in babysitting will enjoy this hands-on 4-day workshop. Participants will develop skills that will teach best practices to keep children safe while in their care. They will learn basic care, safety and safe play. They will also learn leadership, professionalism and business skills that will help in starting their own business. Each participant will receive a certificate, a special kit and the confidence to become a great babysitter.

6. **Harnett County 4-H Resident Camp**

Betsy Jeff Penn 4-H Educational Center, Reidsville, NC

Date: July 6 - July 11, 2014

Depart: Harnett County Agriculture Center, July 6th. @ 12 noon

Return: July 11th @ 2 p.m.

Cost: \$440.00

Limit: 10

4-H Target: Education



4-H Residential Camp is a six-day, fun filled adventure for boys and girls ages 8 - 14.

Campers will participate in horseback riding, canoeing, archery, climbing, swimming, arts & crafts, cookouts, campfires, nature exploration, teambuilding, high ropes, and much more."

"Campers will learn new things about themselves, about the world, and how to handle things on their own - all valuable life lessons!

6. Its Healthalicious

Ages: 9-18 **Workshop Limit:** 30

Date: July 8-9, 2014

Time: 9:00-4:00pm

Place: Harnett County Agriculture Center

Cost: \$20.00

Supplies Needed: None

Life Skill Focus: Learning to Learn, Healthy Living,

Marketable Skills

4-H Target: Education, Health



It's Healthaliciouslearning about food and physical activity. In this two-day workshop participants will have fun cooking, eating AND being physically active! Participants will prepare lunches and snacks that are delicious and nutritious. Participants will develop skills in kitchen safety, food safety and physical activity. Comfortable clothing such as T-shirts, shorts or jeans and closed toed shoes are preferred. Please notify in advance of any food allergies.

8. On the farm again...

Ages: 9-18 **Workshop Limit:** 14

Date: July 14, 2014

Time: 10:00-3:30pm

Place: Langdon Farms

Cost: \$5.00

Supplies Needed: Bag Lunch, Closed Toe shoes (NO Sandals Allowed!)

Life Skill Focus: Learning to Learn, Goal Setting, Marketable Skills

4-H Target: Education



Tobacco has always been an important part of NC's economy and continues to rank # 1 in its production. While touring Langdon Farms located between Coats and Angier, youth will learn important and interesting things about tobacco production and steps towards environmental conservation that our local farmers take.

9. Tobacco Farm Life Museum

Ages: 9-18 **Workshop Limit:** 14

Date: July 15, 2014

Time: 9:00-3:00pm

Place: Tobacco Farm Life Museum

Cost: \$20.00

Supplies Needed: Bag Lunch, Closed-toe Shoes (NO Sandals allowed)

Life Skill Focus: Learning to Learn, Goal Setting, Marketable Skills

4-H Target: Education



Tobacco has always been an important part of NC's economy and continues to rank # 1 in its production. We will tour a museum that was started by a group of local families who had pride in their past and a strong volunteer spirit. Having seen the way of life of their parents and grandparents becoming obsolete, these families wanted to preserve this personal and special history of the Eastern North Carolina flue-cured tobacco farm family for future generations. The museum has grown to an internationally recognized and accredited museum and today continues to interpret and present this important rural legacy to the public. Take a trip back in time to a simpler way of life. . .

10. NC State University College Tour

Ages: 13-18 Workshop Limit: 14

Date: July 16, 2014

Time: 9:00-3:00pm

Place: North Carolina State University

Cost: \$5.00

Supplies Needed: Bag lunch, closed toe shoes for walking

Life Skill Focus: Goal Setting, Planning, Organizing, Self Motivation

4-H Target: Education



Today, 125 years after its founding, NC State continues to follow its original mission: opening the doors of higher education to the citizens of North Carolina and providing teaching, research and extension that strengthen the state and its economy. Come walk the campus of NCSU! Learn what the university has to offer and a little bit about what you will need to do to prepare to attend college!

11. Trails, Tracks and Spiders!

Ages: 5-8 Workshop limit: 20

Date: July 17, 2014

Time: 9:00-1:00pm

Place: Raven Rock State Park

Cost: \$3.00

Supplies Needed: Bag Lunch

Life Skill Focus: Healthy Living, Decision Making, Learning to Learn

4-H Target: Health



Raven Rock Park... Naturally Wonderful! The "Park Ranger" will lead participants on a nature trail where they will learn amazing things about nature. They will have fun making casts of animal tracks and will enjoy a special presentation on SPIDERS.

12. Flip Flop Quilt

Ages: 9-18 Workshop Limit: 10

Date: July 21-25, 2014

Time: 9:00 to 5:00pm

Cost: \$27.00 for quilting kit

Supplies Needed: Bag Lunch

Life Skill Focus: Problem Solving, Organizing, Critical Thinking, Creativity

4-H Target: Economy



Quilting is a great traditional art form that is also current and popular. Participants in this workshop will learn a timeless and practical art form by making a trendy "Flip Flop" lap quilt that is sure to be a pleaser. Sewing machines and sewing tools will be available or you may bring your own. Workshop is free but a special quilting kit is required for this five-day workshop... there will be lots to learn and complete. Sewing experience is preferred. Snacks provided!

13. Livestock Clinic

Ages: 9-18 Workshop Limit: 14

Date: July 23, 2014

Time: 7:30-5:15pm

Place: Harnett County Agriculture Center

Cost: \$5.00

Supplies Needed: Bag Lunch and Closed toe shoes, NO Sandals

Life Skill Focus: Critical Thinking, Marketable Skills, Decision Making

4-H Target: Economy



Participants will learn skills useful in becoming a successful livestock producer. Experts in the field will be available to instruct youth in judging beef cattle, sheep, pigs, and goats. They will also learn to identify equipment used in the livestock industry, feed stuffs and their nutritional value. More details will be made available before the workshop and may include a tour.

14. Bread In A Bag!

Ages: 9-18 Workshop Limit: 10

Date: July 28, 2014

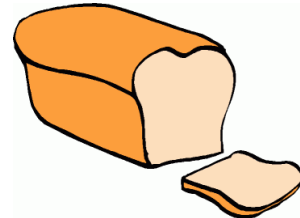
Time: 9:00-3:00pm

Cost: \$5.00

Supplies Needed: Bag Lunch

Life Skill Focus: Learning to Learn, Problem Solving, Healthy Living

4-H Target: Economy, Healthy Living



Bread is an important part of the human diet and the art of bread making goes back to very early history. Participants will enjoy making "Bread in a Bag" and learn interesting things about wheat, a grain used to make flour.

15. Fruit Preserves!

Ages: 9-18 Workshop Limit: 10

Date: July 29, 2014

Time: 9:00-3:00pm

Place: Harnett County Agriculture Center

Cost: \$5.00

Supplies Needed: Bag Lunch

Life Skill Focus: Learning to Learn, Problem Solving, Healthy Living

4-H Target: Economy, Healthy Living



The art of fruit preservation dates back many years. Participants in this workshop will enjoy making fruit preserves using fresh fruit. They will learn to use proper canning equipment, jars and other supplies. More details will be made available before the workshop and may include a tour.

16. **STEM!**

Ages: 9-18 **Workshop Limit:** 15

Date: July 30-31, 2014

Time: 9:00-3:00pm

Place: Harnett County Agriculture Center

Cost: \$20.00

Supplies Needed: Bag Lunch

Life Skill Focus: Learning to Learn, Problem Solving, Healthy Living

4-H Target: Economy, Healthy Living



STEM.....Engineering is all about creating, building, and making things better! So what does it take to be an engineer? If you like math and science, you are off to a great start. If you enjoy discovering new things, solving problems, and learning how things work - even better! Creativity, persistence, and the desire to make the world a better place are also important qualities. Becoming an engineer requires hard work and a good education. Our summer program will be a great start to your career in science and engineering.

17. **E-CAMP**

Ages: 9-18 **Workshop Limit:** 15

Date: August 4-8, 2014

Time: 9:00-3:00pm

Place: Harnett County Agriculture Center

Cost: \$25.00

Supplies Needed: Bag Lunch

Life Skill Focus: Marketable Skills, Problem Solving, Self-Esteem

4-H Target: Economy



E-Camp....are you interested in entrepreneurship? Youth will be in an atmosphere that is fun and learning, participants will be introduced to entrepreneurship as a viable career option. Youth will identify opportunities for local small business ventures. The five-day camp will provide introductory entrepreneurial training through a combination of classroom lessons, guest speakers, field trip, small group discussion, and team-building exercises. The Youth Entrepreneurship Program will culminate with the campers' group project presentations on Friday to parents, guests, and local business leaders.

18. **4-H FIRST Lego League/SuGO Camp**

Ages: 9-18 **Workshop Limit:** 15

Date: August 11-13, 2014

Time: 9:00-3:00pm

Place: Harnett County Agriculture Center

Cost: \$20.00

Supplies Needed: Bag Lunch

Life Skill Focus: Marketable Skills, Problem Solving, Self-Esteem

4-H Target: Economy



4-H **FIRST** Lego League/SuGO Camp is a ROBOTICS camp designed to challenge and delight every participant. **FIRST** is an international organization designed to engage the student as they explore science and engineering in fun and empowering ways. Using teamwork, tools and STEM (science, technology, engineering, and math) materials; campers will experience the discovery process that all scientists and inventors employ in the real world.

19. I Love Horses...

Ages: 5-8 Workshop Limit: 20

Date: August 14, 2014

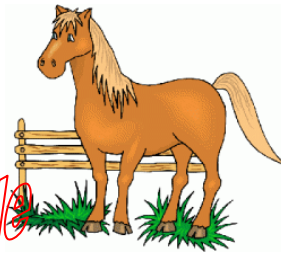
Time: 9:00-1:00pm

Place: TBA

Cost: \$5.00

Life Skill Focus: Learning to Learn

4-H Target: Education/Economy



Filed
Waiting List Available

Today Horses are used more for pleasure; unlike, in 1914 when they were working livestock. The horse industry continues to grow and has an increasing impact on North Carolina's economy. Participants in this workshop will have fun learning some amazing things about horses while engaging in creative crafts and activities.

**For questions concerning Harnett County 4-H Summer Adventures
please contact:**

Kittrane Sanders, CRD Agent

or

Patricia McKoy, 4-H Program Assistant

or

Alia Langdon-Williford, 4-H Program Assistant

at

910-893-7532

JOIN | THE REVOLUTION OF RESPONSIBILITY 
Cooperative Extension's Youth Development Program

**Please make sure
ALL of the
following forms
are filled out
completely.
Thank you!**



Harnett County 4-H

2014 Summer Adventures - Registration



*All fees must be paid in full at the time of registration
No registration will be accepted via phone, fax, or email*

Youth Name: _____

Mailing Address: _____

City State Zip

Parent's Name (Please print): _____

Parent's Phone Numbers: (Home) _____ (Cell) _____

Parent's Email: _____

Date of Birth: _____ Gender: ☐ Male ☐ Female

Race: ☐ Black ☐ White ☐ Latino ☐ Asian ☐ Native American ☐ Other

Grade (2013-2014 School Year): _____

Where do you live: ☐ Farm ☐ Town under 10,000 ☐ City 10,000-50,000 ☐ City over 50,000

☐ Suburbs of city over 50,000

Workshop Title (Please Check Registering For)	Date	Cost	Fee
<input type="checkbox"/> College Tour –Central Carolina Community College	June 18, 2014	\$5.00	
<input type="checkbox"/> Reap What You Sew	June 17-18, 2014	\$15.00	
<input type="checkbox"/> It's All Wood	June 26, 2014	\$5.00	
<input type="checkbox"/> Fowl Play	June 27, 2014	\$5.00	
<input type="checkbox"/> Adventures in Babysitting	June 30 – July 3, 2014	\$15.00	
<input type="checkbox"/> Harnett County 4-H Residential Camp (1 female spot available)	July 6 – 11, 2014	\$440.00	
<input type="checkbox"/> It's Healthalicious	July 8 – 9, 2014	\$20.00	
<input type="checkbox"/> On The Farm Again	July 14, 2014	\$5.00	
<input type="checkbox"/> Tobacco Farm Life Museum	July 15, 2014	\$20.00	
<input type="checkbox"/> NC State University College Tour	July 16, 2014	\$5.00	
<input type="checkbox"/> Trails, Tracks and Spiders	July 17, 2014	\$5.00	
<input type="checkbox"/> Flip Flop Quilt	July 21 – 25, 2014	\$25.00	
<input type="checkbox"/> Livestock Clinic	July 23, 2014	\$5.00	
<input type="checkbox"/> Bread In A Bag	July 28, 2014	\$5.00	
<input type="checkbox"/> Making Fruit Preserve	July 29, 2014	\$5.00	
<input type="checkbox"/> STEM	July 30 – 31,	\$20.00	
<input type="checkbox"/> E-Camp	August 4 – 8, 2014	\$25.00	
<input type="checkbox"/> 4-H FIRST Lego League/SuGO Camp	August 11 – 13, 2014	\$20.00	
<input type="checkbox"/> I Love Horses	August 14, 2014	\$5.00	
Total			

1. Checks/money orders: payable to **Harnett County 4-H**. If paying with cash, bring exact change.
2. Bring Or mail this form and medical release/photo forms to the 4-H Office located in the Harnett County Agriculture Center, 126 Alexander Drive, Suite 300, Lillington, NC 27546.
3. Registration begins May 12, 2014
4. For accommodations for persons with disabilities, contact 910-893-7532, no later than seven business days before the event.



North Carolina 4-H and _____ County 4-H
**Photographic, Video, and Audio
Optional Publicity Release**



I do _____ or do NOT _____ give permission to North Carolina State University, through its Cooperative Extension program for North Carolina 4-H, and _____ County Extension staff, to take photographs and/or record video and/or audio or otherwise record images and likenesses of me and/or my property and to use these for 4-H Youth Development nonprofit educational, promotional, and/or marketing materials. I further consent that my name and identity may be revealed therein or by descriptive text or commentary.

I expressly release North Carolina State University, its agents, employees, licensees and assigns from and any and all claims which I may have for invasion of privacy, right of publicity, defamation, copyright infringement, or any other causes of action arising out of the use, adaptation, reproduction, distribution, broadcast or exhibition of such recordings of my image, voice, or likeness.

I understand this permission is entirely optional, and that participants who do not give permission will remain eligible for 4-H services, benefits, and privileges the same as those who do give permission.

Participant Name (please print): _____

Participant Signature: _____ Date: _____

If individual is under the age of 18, consent of the legal parent or guardian is needed.

Parent/Guardian signature: _____

Parent/Guardian name (please print): _____

Signature: _____ Date: _____



**4-H MEDICAL INFORMATION AND INFORMED CONSENT FOR TREATMENT
FOR NC 4-H SPONSORED EVENTS**

4-H'ers Name _____

PLEASE READ AND COMPLETE THE FOLLOWING FORM. THIS FORM MUST BE PRESENTED AT THE OFFICIAL REGISTRATION FOR THE 4-H SPONSORED EVENT BEING ATTENDED.

I. Medical Information

Known allergies to foods, drugs, insect stings or bites, etc.: _____

Special medical concerns or conditions that event supervisors should know about, including contagious illnesses, epilepsy, asthma, diabetes, previous injuries to bones/joints, etc.: _____

List special dietary needs: _____

Medications currently being taken (name of medication, dose, and frequency): _____

Family Physician: Name _____ Phone # () _____

Address _____

II. Insurance Information

The 4-H program purchases insurance for youth participants for many sponsored events. In some cases, this coverage will not pay for some medical expenses and it may be necessary to bill the family or your insurance company.

Health Insurance Company _____ Health Insurance
Policy # _____ Company Address _____
Phone Company Telephone _____
Number () _____

III.

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact _____ [name, office] at _____ [phone number/TTY] during business hours of 8 a.m. and 5 p.m. to discuss accommodations at least _____ [hours/days] prior to the activity.

Signatures Acknowledging Parts I, II, and III

Parent's/Guardian's signature _____ Date: _____

Participant's Signature: _____ Date: _____

Parent/Guardian telephone #: Home _____ Work _____

IV. Informed Consent

In the event that a participant needs minor medical care from 4-H or more significant medical care from a qualified health care provider, including in rare cases possible hospitalization and/or surgery, the parent/guardian is asked to sign the informed consent form below. In case of serious medical condition, 4-H will make every effort to notify the parents, but the first priority may be providing care to the participant.

Authorization to Consent to Health Care for Minor

I, _____, of _____ County, am the custodial parent having legal custody of _____, a minor child, age _____, born _____. I authorize any adult(s) acting as agents (including official volunteers) or employees of the _____ 4-H program and in whose care the minor child has been entrusted, to do any acts which may be necessary or proper to provide for the health care of the minor child, including, but not limited to, the power (i) to provide for such health care at any hospital or other institution, or the employing of any physician, dentist, nurse, or other person for such health care, and (ii) to consent to and authorize any health care, including administration of anesthesia, X-ray examination, performance of operations, and other procedures by physicians, dentists, and other medical personnel except the withholding or withdrawal of life sustaining procedures.

This consent shall be effective for one year from the date of the execution.

Custodial Parent Signature _____ Date _____

STATE OF NORTH CAROLINA
COUNTY OF _____

On this _____ day of _____, 20____, personally appeared before me the said named, _____, to me known and known to me to be the person described in and who executed the foregoing instrument and he (or she) acknowledged that he (or she) executed the same and being duly sworn by me, made oath that the statements in the foregoing instrument are true.

My commission expires _____, 20____.

Notary Public

(OFFICIAL SEAL)